

*Pay the worker his dues before his sweat has dried up*

Prophet Mohammad (PBUH)

*All labour that uplifts humanity has dignity.*

Martin Luther King, Jr.

### Quotable Quotes



Alhikmah Foundation has been contributing in the areas of Education, Healthcare & relief measures.

I would like to convey a message of "What Can I Give" to the members of the Foundation.

December 5, 2011 **Dr. APJ Abdul Kalam**  
Former President of India



I am happy to note that Alhikmah Foundation is carrying out welfare activities in the areas of health, education, peace and charity since beginning.

**Dr. Asim Ali Khan**  
Director General,  
CCRUM, Ministry of  
AYUSH, Govt. of India.

October 15, 2018

### LABOUR WELFARE AND NATIONAL DEVELOPMENT



The key to national development is the labour welfare which, for all practical purposes, falls within the broad domain of social welfare. The broad areas that the notion of labour welfare covers include, but not limited to, well-being, happiness, satisfaction, conservation and human resource development. Labour is the most unique aspect of any production

activity. A production process involves the use of land, machine, tools, capital, material – all of these are non-living things. Whereas, labour is a living-thing with emotions, needs, desires and intellect, therefore, warrants our utmost attention and focus. A slight misjudgement on any of these variables may be catastrophic. Whereas, a holistic approach, may in fact, reap in unprecedented national development. The philosophy of welfare economic emphasise a human treatment of the labour.

Government of India, in 1969 constituted a committee to propose ways and means to improve the working environment for the labour. In its report it suggested a variety of measures and included, such services, facilities and amenities as adequate canteens, rest and recreation facilities, sanitary and medical facilities, arrangements for travel to and from work and for the accommodation of the workers employed at a distance from their security measures, as contribute to an improvement in the conditions under which workers are employed". International Labour Organisation (ILO) defines labour welfare as, "anything done for the intellectual, physical, moral and economic betterment of the workers, whether by employers, by government or by other agencies over and above what is laid down by law or what is normally expected as part of the contractual benefits for which the workers may have bargained" (Report II, Geneva, 1947, P.3). According to famous Indian trade union leader Narayan Joshi labour welfare, "covers all the efforts which employers make for the benefit of their employees over and above the minimum standard of working conditions fixed by the factories act and over and above the provision of social legislation providing against accident, old age, unemployment and sickness".

To put it in simple and plane words a well meaning national development can only be possible if the welfare of the working class is convincingly taken care of. We at Alhikmah are fully conscious of the importance of welfare of the labour and have been raising this issue at various fora.

**Dr. Ziauddin Ahmad**  
Chairman

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## ALHIKMAH FOUNDATION ORGANISES EID MILAN PROGRAMME



Chairman of Alhikmah Foundatin Dr. Ziauddin Ahmad Nadwi delivering the keynote address

Alhikmah Foundation organised a Eid Milan programme on June 23, 2019 at its headquarters in Zakir Nagar, New Delhi. People from all walks of life attended the function. Director of Haryali Foundation Mr. Yusuf extended Eid greetings to all the citizens of the country. On the occasion he stressed on maintaining cleanliness and keeping our environs clean. He said that garbage is a great menace that breeds germs makes us unhealthy. It is a grave situation that warrants our immediate attention. He further said that we must not depend on the government for sanitation. If a sanitation worker is on leave then we must adopt a proactive approach and pick up the garbage ourselves and throw it away at a safer place. He informed the audience about the online registration of sanitation complaint system.

Speaking on the occasion renowned social activist Ms. Chashma Farooqui said that the essential message of Eid is that we should take care of each other, we must meet with each other regularly. She said that we must also include our non-Muslim brothers in our Eid festivities. This is our real Eid and that is how we can give out a message of love to our fellow countrymen.

Retired Assistant Director in the Ministry of Health and Family Welfare Dr. Shafqat Azmi emphasised on the importance of education. He appealed the people to pay attention to education. He regretted that we waste out precious time on frivolous issues. Dr. Azmi said that only education is not enough rather we have to inculcate good manners and moral values in ourselves. Because ethics work like a magnet that attract others towards us and also give us a unique identity.

Ms. Sana Shaz mentioned that the Holy Month of Ramadhan is actually a training period for us. In this holy month we indulge ourselves in lot of prayer and worship and keep ourselves away from vices and immoral practices. However, regrettably as soon as this holy month gets over again revert back to our old ways of corruption and unethical dealings. This is a dangerous trend. We must continue with the virtuous practices of the holy month of Ramadhan even after it is long gone. This is the sure shot formula of success in both the worlds. Speaking on the occasion Engineer Syed Ahmad Shaz laid emphasis on purifying our thoughts. He said that it is most neglected area of our personality and needs a huge effort to correct it. He said that our non-Muslims brothers ask us about fasting we start narrating them the worldly benefits such as it is good for health, it keeps diseases away etc. This is not the correct answer. Rather we must tell them it is a worship of Allah and do it since Allah has commanded us to do it and the benefits we get out of observing fast are actually bounties of Allah on us.

Founder President of Sahitya Sansthan Dr. Hemlata Babli also extended Eid greetings. She thanked Alhikmah Foundation for organising such a wonderful Eid Milan Programme. She said that such programmes are the need of the hour because they promote communal harmony and composite culture and remove misgivings. She encouraged people to come forward and take part in social welfare activities. According to her social service is actual service to god. Mr. Sushil Shelly the Chief Train Controller of Indian Railways said that social service begets real pleasure. He pointed out that as a human being it is our duty to help others and remove their sufferings.

Speaking on the occasion Chairman of the Foundation Dr. Ziauddin Ahmad Nadwi said that the real motive of fasting is instilling the fear of Allah in hearts of human beings. We must realise that this world is temporal and when we die we have to stand in front of our Lord and give an account of worldly life.

Qari Fazlur Rahman in his presidential remarks said that we should feel happy if others are happy and feel sad when others are sad then this is real meaning of Eid. Allah wants to see us as a true Muslim and a true human being. The programme began with the recitation of the verses of Holy Quran by Qari Fazlur Rahman. Convenor of Alhikmah Ladies Wing Ms. Rehana proposed the formal vote of thanks. Dr. Shakeel Habibi conducted the programme with professional excellence. Mr. Syed Shuaib Ahmad and Mr. Saquib Yaseen looked after the refreshment part.



### **ALHIKMAH CELEBRATES 73<sup>RD</sup> INDEPENDENCE DAY**

Alhikmah Foundation celebrated the 73<sup>rd</sup> Independence Day with enthusiasm. In morning the Chairman unfurled the tricolour at the headquarters of the Foundation located at Street No. 08, Zakir Nagar. In his address the Chairman congratulated the Alhikmah Family and the nation on the occasion of 73<sup>rd</sup> Independence Day. Hailing the great sacrifices made by our forefathers, Chairman said that it is only due to their untiring efforts that our dear nation came out of the shackles of colonialism. He appealed to take a leaf out of our great leaders' book who unhesitatingly sacrificed every bit of their possessions. He emphasized that following the footprints of our great leaders of yore it is our duty to defend and protect our nation come what may – even if we are required to make the supreme sacrifice we will smilingly perform that and never retract our steps. The Chairman, while highlighting the three important social evils of illiteracy, diseases and immoral practices called upon the citizens of this country to fight against them. The Chairman further urged the people to play a key role in the progress and development of the motherland.

Speaking on the occasion Mr. Syed Shuaib Ahmad pointed out that India is the only nation of the world which boasts of unique religious mosaic. “India is the only nation which takes pride in religious diversity and grants equal rights to every citizen of the country undiscriminated”. In his thought provoking address Mr. Ahmad pointed out some uncivil practices such as littering on the roads and other public places, indiscriminate horn honking, high speed biking etc. He also recalled the great sacrifices made by his maternal grandfather Mr. Mohd. Nabi Khan, freedom fighter. He also presented a poem. Finance Secretary of the Foundation Mr. Saquib Yaseen stated that every religion of the world teaches humanity. “We must respect the religious diversity of our motherland and spread the message of love, compassion and brotherhood”.

#### *Obituary*

#### **MR. AYOUB SIDDIQUI'S DEATH IS IRREPARABLE LOSS TO THE FOUNDATION**

Alhikmah Foundation held a condolence meeting on May 02, 2019 at its headquarters located at Zakir Nagar to mourn the demise of Former General Secretary Mr. Ayoub Siddiqui. Recalling his association with the Foundation Chairman Dr. Ziauddin mentioned, “Mr. Siddiqui was a selfless person who devoted twelve precious years of life to the Foundation. In his death we have lost a strong pillar of strength who always stood by us”. The Chairman further said that Mr. Siddiqui served the foundation with dedication and commitment.

Expressing his grief over the loss of a dear friend General Secretary of the Foundation Mr. S. S. Ahmad was all praise for the departed soul. “Mr. Siddiqui was very close to me. Whenever I approached him either for personal advice or for Foundation's work I found him forthcoming and helpful”.

Finance Secretary Mr. Saquib made the Du'a for Late Ayoub Siddiqui. He prayed may Allah grant Mr. Siddiqui highest place in Jannat.

### **THREE SHARE PHYSICS NOBEL FOR EXOPLANET AND COSMOLOGICAL DISCOVERIES**

The 2019 Nobel Prize in physics has been awarded to three scientists “for contribution to our understanding of the evolution of the universe and Earth’s place in the cosmos”. This year’s prize was awarded to James Peebles of Princeton University “for theoretical discoveries in physical cosmology, and Michel Mayor of the University of Geneva and Didier Queloz, of the University of Geneva and the University of Cambridge, “for the discovery of an exoplanet orbiting a solar-type star.”“Cosmic background radiation was discovered in 1965 and turned out to be a gold mine for our understanding of how the universe developed from its early childhood to its present day,” said Mats Larsson, a member of the Nobel Prize Committee. “Were it not for the theoretical discoveries of James Peebles, the wonderful high precision measurement of these radiations over the last 20 years would have told us almost nothing.”Peebles made major theoretical contributions that improved the understanding of the universe, including the cosmic microwave background, dark matter, dark energy, and the Big Bang model.Ulf Danielsson, another member of the Nobel Prize Committee, explained the importance of Peebles’ contribution to physical cosmology. Using a cup of coffee, he illustrated the components of the universe. “This is the dark energy,” said Danielsson, as he poured the dark coffee into a glass mug. Then he added a dash of cream. “This is the dark matter,” he said. Finally, he sprinkled a tiny bit of sugar into the mug. “This is the ordinary matter. This is what science had been all about for thousands of years, up until now,” he said. “In the mid-1960s, James Peebles realized the importance of cosmic radiation. Over the next two decades, he developed new theoretical tools, and used them to uncover the dark components of our universe.”Danielsson then moved on to explain the other half of this year’s prize.

“In October 1995, Michel Mayor and Didier Queloz announced the discovery of an Earth-like planet orbiting a solar-type star,” said Larsson. “This was a revelation that forever changed our view of the Earth’s place in the universe.”Mayor and Didier found the planet by observing what Danielsson called an anonymous star in the constellation Pegasus. They noticed a subtle change in the color of the parent star, as it wobbled due to the gravitational pull of the orbiting planet. Since their discovery, thousands more exoplanets have been discovered by the astronomy community.Half of this year’s Nobel Prize in physics, totaling 9 million Swedish krona (more than \$900,000), will go to Peebles, and the other half will be split between Mayor and Queloz.

Yuen Yiu, Staff Writer *Inside Science*



James Peeble, Michael Mayor and Didier Queloz

## FOUNDATION FELICITATES DR. HALEEMA SADIA

Alhikmah Foundation organised a felicitation ceremony in honour of Dr. Haleema Sadia on August 25, 2019 at its headquarter located at Zakir Nagar. Dr. Sadia recently joined Delhi Waqf Board as Deputy Director (Academics). Mr. Shoaib Raza Warsi, Assistant Director, National Institute of Open Schooling (NIOS), Ministry of Human Resource Development, Government of India, presided over the programme. Chairman of the Foundation Dr. Ziauddin Nadwi welcomed Dr. Sadia by presenting a bouquet, besides, the Foundation also presented a memento and a shawl to her.

Speaking on the occasion Dr. Haleema Sadia appreciated the services of the Foundation. Highlighting the importance of education in removing our backwardness Dr. Sadia stressed, "To remove our backwardness we must establish educational institutions as much as possible. We must make every possible effort to educate our young generation". She also emphasised for creating job opportunities for educated youth - both male and female - our society. She said that she was well aware that weather is rough but we must keep our patience and soon we would achieve our goal.

Chairman of the Dr. Ziauddin Nadwi presented a detailed introduction of the Foundation. He appreciated the spirits of Dr. Haleema Sadia. Mr. Shoaib Raza Warsi while introducing Dr. Haleema Sadia said that she is educationist, social activist and a compassionate human being. She is ever ready to work for the welfare of the community and nation. Ms. Meena Naqvi, Ms. Chashma Farooqui and Finance Secretary of the Foundation Mr. Saquib Yaseem also spoke on the occasion. General Secretary of the Foundation Mr. Syed Shuaib Ahmad conducted the programme with professional excellence.



## DIABETES AWARENESS LECTURE



Alhikmah Foundation organised a Diabetes Awareness Lecture on April 21, 2019 at its headquarters located at Zakir Nagar. Dr. Farazul Islam (MD) delivered the lecture. Chairman of the Foundation Dr. Ziauddin Ahmad Nadwi presided over the lecture. In his thought provoking presentation Dr. Islam revealed some information about Diabetes hitherto unknown. Consultant at the Al-Shifa Hospital, Abul Fazl Encalve Dr. Islam mentioned, “One of the most effective methods to avoid Diabetes is to take advance care. As soon as we reach the vulnerable age we must start regular check up for Diabetes. If in any of the test our glucose level reaches even the threshold level we must start taking precautionary measures”. Formerly with the Ram Manohar Lohia Hospital Dr. Islam stated, “If your glucose level ranges between 100-125 then you fall within Pre-Diabetes category and it is high time that warrants our immediate action”. Giving details of the precautionary measures Dr. Islam suggested, “A major portion of diet must comprise green leafy vegetables and fresh fruits. Besides, we must make a habit of at least one hour daily morning walk”. Speaking about the symptoms of Diabetes Dr. Islam said, “Weight loss, excessive thirst, excessive urination etc. are some of the common symptoms of the Diabetes”. An ex-consultant at Bara Hindu Rao Hospital further said, “Due to diabetes our nervous system weakens and hence we unable to realise heart attack”. In the beginning Secretary of the Foundation Mr. Syed Shuaib Ahmad gave a detailed presentation of Alhikmah Foundation. “Alhikmah Foundation made a humble beginning exactly twenty nine years ago. The objectives of the Foundation include health, education and general welfare. The basic philosophy of the Foundation is that it stresses on our duties rather than crying for rights”. Talking about the charitable clinics Mr. Ahmad said, “At the moment the Foundation runs several charitable health centres in different parts of the national capital”. Mentioning about the educations activities of the Foundation Mr. Ahmad revealed, “The Foundation is perpetually engaged in variety of educational activities. It runs a Reading Room-cum-Library facility; coaching for various competitive exams and regular coaching for different classes are also conducted”. In his presidential address Dr. Ziauddin hailed Dr. Farazul Islam lecture as “path-breaking” and advised the people "to religiously follow the precautionary measures that Dr. Islam suggested if we were to keep Diabetes away from us". At the end he also thanked the audience. General Secretary of the Foundation Mr. Syed Shuaib Ahmad conducted the programme with professional excellence.

## ALHIKMAH INSTITUTE FOR SKILL DEVELOPMENT



Dr. Narendra Jadhav inaugurates Alhikmah Institute for Skill Development. Chairman of Alhikmah Foundation Dr. Ziauddin A. Nadwi is on his left and Mr. Javed Rahmani is on right. Mr. Syed Shuaib Ahmad, General Secretary Alhikmah Foundation is on extreme right while Mr. Yusuf, Director Haryali Foundation is on extreme left.

### NEW ADDRESS OF THE FOUNDATION

The foundation is shifting its office, library, computer, tailoring and embroidery centre, from present premises to a new premise from 1<sup>st</sup> December 2019. Therefore all are kindly requested to note down new address of the foundation i.e. D-97/98, Parkview Apartment, Main Road, Zakir Nagar West, opposite MCD Park, Jamia Nagar, New Delhi - 110025 for further contact and correspondence.

#### **APPEAL**

*Being a totally charitable organization, Alhikmah Foundation solely depends on public funding.*

*Kind-hearted and generous citizens like YOU are requested to join hands with Alhikmah Foundation in an endeavour to promote Education, Health, Livelihood, Ethics & Peace and make the world a better place to live in.*

*Donations to Alhikmah Foundation are exempted from Income Tax u/s 80-G of IT Act.*

**ALHIKMAH**

Means

**WISDOM**

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